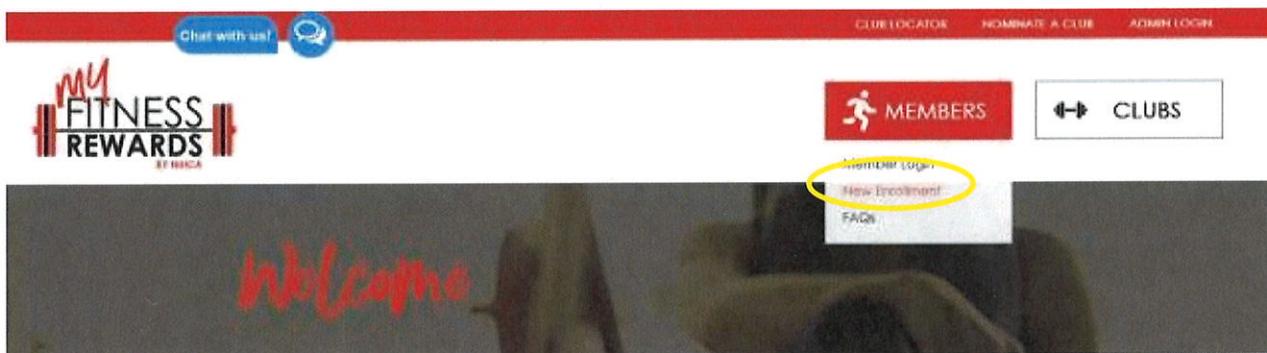


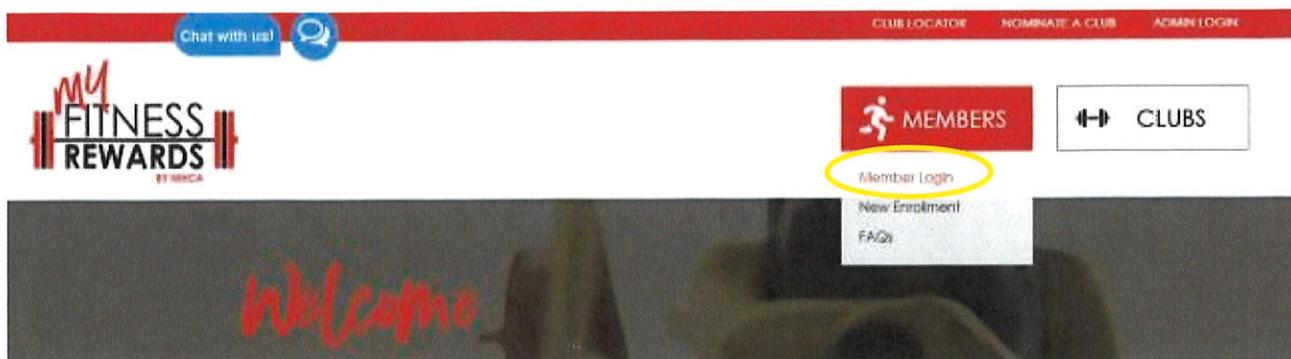
# Fitness Incentive Programs for **MY** Fitness Rewards

**Eligible members that participate in the Fitness Incentive Programs**  
(Contact your provider to confirm eligibility)

1. **Ask front desk**, My Fitness Barcode: \_\_\_\_\_  
(Unique Identifier)
2. Go to [MyFitnessRewards.org](http://MyFitnessRewards.org)
3. If you have NEVER completed an online enrollment, click "[New Enrollment](#)"



4. If you've enrolled before, please do **not** complete another enrollment form. Instead, hover over "[Members](#)," click "[Member Login](#)," then click "[Forgot Password](#)." From there, enter your email address, click "[Send Password Reset Link](#)," and check your email for the next steps. You can then login to update any member information (banking, insurance, barcode, etc) or to view reimbursement history.



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If you have any further questions, please talk to the Manager at your fitness facility  
or you may call NIHCA at (320) 722-0084

# Fitness Incentive Programs

## for My Fitness Rewards

Is this your initial time logging into your My Fitness Rewards profile and you had an active profile in NIHCArewards?

Please visit "[MyFitnessRewards.org](http://MyFitnessRewards.org)," and follow the steps below to access your profile:

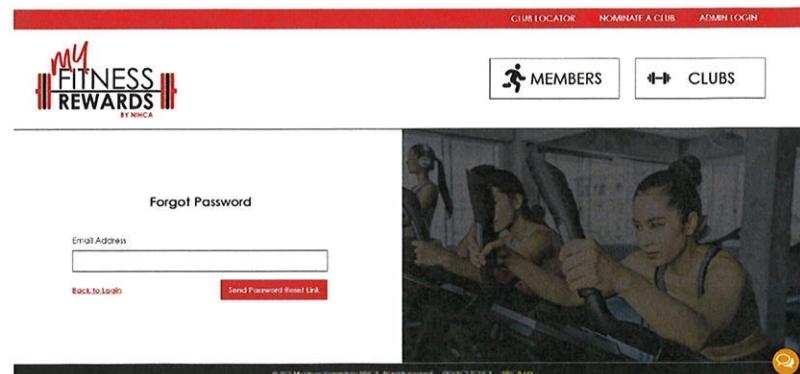
1. Click on "Members"
2. Click on "Member Log In"



3. Click on "Forgot Password"



4. Enter Your Email Address
5. Click "Send Password Reset Link"
6. Check your email for next steps



7. Have Questions? Reach out to NIHCA directly. Click on the chat bubble at the bottom right of the screen to speak with someone directly Or Call the NIHCA office at (320) 722-0084.

